Recreational Sports and Dugan Wellness Center

Texas A&M University-Corpus Christi’s Recreational Sports Department strives to provide the sagest and best workout facility at all times. In response to new facility protocols under the guidance of the State of Texas, Nueces County Health Department, TAMUS, and the University, TAMU-CC Rec Sports is implementing the following guidelines for patrons, staff, and our facility. All users are required to follow these protocols to ensure the welfare and protection of all parties.

Patron Protocols

PLEASE DO NOT visit any Recreational Sports Facility if you are aware of or displaying any symptoms that are potential flu-like or CoVid-19 indications such as fever, cough, or any difficulty with breathing.

Please note the 6-foot separation at check-in and allow individuals to move from their marked area before you move forward.

You may self-swipe your SandDollar$ ID Card or hold up your Get Mobile app ID to enter the facility.

Only one guest will be allowed per person.

All sales will be done at the welcome desk, Only credit or debit card please. Cash sales have been temporarily suspended.

We ask that all patrons abide by social distancing guidelines, keeping at least 6-foot distance at all times between other patrons, guests, and Rec Sports Staff when using any Rec Sports facility.

Due to capacity guidelines, please abide by all signs and staff requests to wait to enter an area and do not enter areas that have signage indicating that they have been closed.

Cardio equipment is sectioned into groups so that each piece may be rotated after use. Do not use closed cardio equipment. When you finish your workout, all patrons must do an initial wipe down of the machine. The next user will rotate to the next unused machine while our staff cleans the previously used machine. Please do not move barriers or wait in proximity if a machine is not available.

Each bench and machine is properly distanced. Benches and machines may not be moved by patrons.

If using dumbbells or freestanding weights, please abide by social distancing guidelines.

Student staff have been hired to continually clean the recreational facilities. We ask that you allow them to do their jobs and distance from them while they are cleaning. For your safety, each night the Dugan Wellness Center is cleaned by Electrostatic cleaning.

Hand sanitizer is available for your use at designated locations. Please follow safe handwashing procedures, as well.
Face coverings and gloves are recommended while working out for your safety and the safety of those around you.

Please use weight that you can control. Spotting does not allow for proper social distancing, therefore we will not be providing this service at this time. Spots may be provided by only those considered as part of your social unit.

Gym use has been temporarily altered. Only singles badminton, table tennis, and pickleball will be allowed. Basketball hoops have been raised and no basketball will be allowed at this time.

The indoor track is available for walking or running. We ask all patrons to abide by social distancing guides. Weight and cardio equipment on the track is not available at this time.

Locker rooms, pool, climbing wall, sleep pod, and group exercise classes are not available at this time. We encourage you to visit our web for alternative programming we are providing.

Staff Protocols

Plexiglass has been installed at the front desk area. Workstations are separated in this area at 6-foot intervals for staff safety.

All student staff will wear face coverings.

All staff will have access to wash stations and sanitizer.

Any worker displaying flu-like or Covid-19 like symptoms are asked not to come to the facility. If a staff member shows any signs and symptoms they will be asked to leave.

Staff members with known exposure to Covid-19 are asked to self-quarantine for 14 days as per CDC guidelines.

General

Hours of the facility have been reduced to allow for enhanced cleaning. Please visit our website for the most up to date schedule at https://recsports.tamucc.edu/

All previous Recreational Sports rules still apply.

Persons not following rules and guidelines may be asked to leave.

We thank you for your cooperation in keeping the facility safe and available for everyone.

May 22, 2020